

ABSTRACT

OF THE ACADEMIC DISCIPLINE

«EMOTIONAL INTELLIGENCE»

The study of the discipline "Emotional Intelligence" is aimed at developing students' perception of the essence of emotional intelligence and ways of its development, in particular as a basis for personal and professional development.

PURPOSE AND OBJECTIVES OF STUDYING THE DISCIPLINE

Development of students' perception of emotional intelligence and its components, basic approaches to the development of emotional intelligence, as well as the acquisition of practical skills in managing their own emotions as a basis for personal and professional development.

Basic tasks:

- acquaintance of students with the essence of emotional intelligence and its significance, components and precondition of formation;
- present basic theories and models describing emotional intelligence;
- characterize socio-emotional and ethical learning as a modern educational technology for the formation of emotional intelligence;
- to present approaches to the development of emotional intelligence;
- characterize the emotional intelligence of the doctor.

INTERDISCIPLINARY CONNECTIONS

The academic discipline "Emotional Intelligence" has, first of all, connections with such disciplines as "Philosophy", "Ethics".

Prerequisites. The study of the discipline involves the preliminary assimilation of subjects of the social and humanitarian direction.

CONTENTS OF THE DISCIPLINE

SUBJECT 1: Use A topic that you want to use EMOTIONAL INTELLIGENCE AND ITS COMPONENTS

The essence of emotional intelligence. Emotional intelligence in the structure of the individual.

Biological and social prerequisites for the formation of emotional intelligence.

Approaches to understanding emotional intelligence.Components of emotional intelligence.

The value of emotional intelligence in human life.

SUBJECT 2: What you want to DO THEORY AND PRACTICE OF EMOTIONAL INTELLIGENCE RESEARCH

Overview of basic research of emotional intelligence.

Theory and model of emotional intelligence R. Bar-Ona.

Models of emotional intelligence by J. Meyer, P. Salovey.

The theory and model of D. Goulman's emotional intelligence.

Ways to assess emotional intelligence. Self-knowledge and self-esteem in the structure of emotional intelligence.

SUBJECT 3: How TO USE THIS TOPIC? EMOTIONAL INTELLIGENCE AND EDUCATION. SOCIO-EMOTIONAL AND ETHICAL LEARNING

Education as a tool for the development of emotional intelligence.

Socio-emotional and ethical learning: concept and methodology

Implementation of three dimensions of social, emotional and ethical learning (awareness, empathy, involvement) at three levels (personal, social, systemic).

Awareness of emotions and identification of feelings.

THEME 4: How TO USE THIS TOPIC? APPROACHES TO THE DEVELOPMENT OF EMOTIONAL INTELLIGENCE

Emotional intelligence as a tool for achieving social success.

Skills of emotional self-regulation and emotional mobilization.

Empathy and levels of its development. Empathy.

Managing the emotional component of a conflict situation.

Emotional leadership. Emotional intelligence of the head.

SUBJECT 5: How DO I USE THIS TOPIC? EMOTIONAL INTELLIGENCE OF THE DOCTOR

Emotional intelligence in the system of professional formation.

Features of the development of the emotional intelligence of the doctor. Emotional intelligence of the doctor in the system of professional relations.

The role of emotional intelligence in relationships with patients.