

ANS and hormones

If a man has an attack of bronchospasm it is necessary to reduce the effect of vagus on smooth muscles of bronchi. What membrane cytoceptors should be blocked for this purpose?

- A. *M-cholinoreceptors**
- B. N-cholinoreceptors
- C. α -adrenoreceptors
- D. β -adrenoreceptors
- E. α - and β -adrenoreceptors

A man has an accelerated heart rate, mydriatic pupils, dry mouth. It is caused by activation of the following system function:

- A. Vagoinsular
- B. Metasympathetic
- C. *Sympathetic**
- D. Hypothalamo-pituitary- adrenal

1. Examination of a patient revealed overgrowth of facial bones and soft tissues, tongue enlargement, interdental spaces in the enlarged dental arch. What changes of the hormonal secretion are the likely?

- A. Hyposecretion of insulin
- B. Hyposecretion of thyroxine
- C. Hyposecretion of the somatotrophic hormone
- D. Hypersecretion of insulin
- E. *Hypersecretion of the somatotrophic hormone**

2. A 32-year patient consulted a doctor about the absence of lactation after parturition. Such disorder must be explained by the deficit of the following hormone:

- A. Vasopressin
- B. Glucagon
- C. Thyrocalcitonin
- D. *Prolactin**
- E. Somatotropin

3. In the course of an experiment adenohipophysis of an animal has been removed. The resulting atrophy of thyroid gland and adrenal cortex has been caused by deficiency of the following hormone:

- A. Thyroid hormone
- B. Somatotropin
- C. *Tropic hormones**
- D. Cortisol
- E. Thyroxin

4. A patient complains of hydruria (7 liters per day) and polydipsia. Examination reveals no disorder of carbohydrate metabolism. These abnormalities might be caused by the dysfunction of the following endocrine gland:

- A. Adrenal cortex
- B. Islets of Langergans (pancreatic islets)
- C. *Neurohypophysis**
- D. Adrenal medulla
- E. Adenohipophysis

5. Amount of urine is 10 l a day. Glucose concentration in blood is normal, urine contains no glucose. This concentration may be caused by deficiency of the following hormone:

- A. Triiodthyronine
- B. *Vasopressine**
- C. Oxytocine
- D. Cortisole
- E. Insulin

6. A 20 year old patient complains of morbid thirst and hyperdiuresis (up to 10 l daily). Glucose concentration in blood is normal but it is absent in urine. The patient has been diagnosed diabetes insipidus. What hormonal drug is the most appropriate for management of this disorder?

- A. Thyroxin
- B. Cortisol
- C. Oxytocin
- D. *Vasopressin**
- E. Insulin

7. Osmotic pressure of a man's blood plasma is 350 mosmol/l (standard pressure is 300 mosmole/l). Increase of all it will result in high secretion of the following hormone:

- A. Aldosteron
- B. Cortisol
- C. Adrenocorticotropin
- D. *Vasopressin**
- E. Natriuretic

8. Inhabitants of territories with cold climate have high content of an adaptive thermoregulatory hormone. What hormone is meant?

- A. Cortisol
- B. Glucagon
- C. Insulin
- D. Somatotropin
- E. *Thyroxin**

9. A patient with signs of osteoporosis and urolithiasis has been admitted to the endocrinology department. Blood test has revealed hypercalcemia and hypophosphatemia. These changes are associated with abnormal synthesis of the following hormone:

- A. *Parathyroid hormone**
- B. Calcitriol
- C. Cortisol
- D. Calcitonin
- E. Aldosterone

10. A 2 y.o. child has convulsions as a result of lowered concentration of calcium ions in blood plasma. It is caused by reduced function of :

- A. Thymus
- B. *Parathyroid glands**
- C. Hypophysis
- D. Adrenal cortex
- E. Pineal gland

11. After a surgical procedure an experimental animal died from intense convulsions. What endocrine glands were extracted?

- A. *Parathyroid**
- B. Thyroid
- C. Ovaries
- D. Adrenals
- E. Testicles

12. A child has abnormal formation of tooth enamel and dentin as a result of low concentration of calcium ions in blood. Such abnormalities might be caused by deficiency of the following hormone:

- A. Thyrocalcitonine
- B. *Parathormone**
- C. Thyroxin
- D. Triiodthyronine
- E. Somatotrophic hormone

13. A 5-month-old boy was hospitalized for tonic convulsions. He has a life-time history of this disease. Examination revealed coarse hair, thinned and fragile nails, pale and dry skin. In blood: calcium – 0.8 millimole/l, phosphor – 1.9 millimole/l. These changes are associated with:

- A. Hypoaldosteronism
- B. Hypothyroidism
- C. Hyperparathyroidism
- D. *Hypoparathyroidism**
- E. Hyperaldosteronism

15. During removal of the hyperplastic thyroid gland of a 47-year-old woman, the parathyroid gland was damaged. One month after the surgery the patient developed signs of hypoparathyroidism: frequent convulsions, hyperreflexia, laryngospasm. What is the most likely cause of the patient's condition?

- A. *Hypocalcemia**
- B. Hyperkalemia
- C. Hyponatremia
- D. Hypophosphatemia
- E. Hyperchlorhydria

16. Parodontitis is treated with calcium preparations and a hormone that stimulates tooth mineralization and inhibits tissue resorption. What hormone is it?

- A. Adrenalin
- B. Thyroxine
- C. Aldosterone
- D. *Calcitonin**
- E. Parathormone

17. A 35 year old man consulted a dentist about reduced density of dental tissue, high fragility of teeth during eating solid food. This patient suffers the most probably from the deficiency of the following mineral element:

- A. *Calcium**
- B. Potassium
- C. Sodium
- D. Magnesium
- E. Iron

18. Examination of a patient revealed hyperkalemia and hyponatremia. Low secretion of which hormone may cause such changes?

- A. Natriuretic
- B. *Aldosterone**
- C. Cortisol
- D. Parathormone
- E. Vasopressin

19. The person has decreased diuresis, hypernatremia, hypokalemia. Hypersecretion of what hormone can cause such changes?

- A*. Aldosterone**
- B. Vasopressin
- C. Auricular sodiumuretic factor
- D. Adrenalin
- E. Parathormone

20. A concentrated solution of sodium chloride was intravenously injected to an animal. This caused decreased reabsorption of sodium ions in the renal tubules. It is the result of the following change in hormonal secretion:

- A. Reduction of atrial natriuretic factor
- B. Aldosterone increase
- C. *Aldosterone reduction**
- D. Vasopressin increase
- E. Vasopressin reduction

21. People adapted to high external temperatures have such peculiarity: profuse sweating accompanied by loss of large volumes of sodium chloride. This is caused by the effect of the following hormone upon the perspiratory glands:

- A. *Aldosterone**
- B. Natriuretic
- C. Cortisol
- D. Thyroxine
- E. Vasopressin

22. A patient has been given high doses of hydrocortisone for a long time. This caused atrophy of one of the adrenal cortex zones. Which zone is it?

- A. Glomerular and reticular
- B. Glomerular
- C. Reticular
- D. Reticular
- A. *Fascicular**

23. To prevent the transplant rejection after organ transplantation it is required to administer hormone therapy for the purpose of immunosuppression. What hormones are used for this purpose?

- A. Sexual hormones
- B. *Glucocorticoids**
- C. Catecholamines
- D. Mineralocorticoids
- E. Thyroid

24. A middle-aged man went to a foreign country because he had been offered a job there. However, he had been unemployed for quite a long time. What endocrine glands were exhausted most of all in this man?

- A. Substernal gland
- B. Thyroid gland
- C. Seminal glands
- D. Parathyroid glands
- E. ***Adrenal glands**

25. On examination the patient is found to have low production of adrenocorticotrophic hormone. How would this affect production of the other hormones?

- A. Increase sex hormones synthesis
- B. ***Decrease hormone synthesis in the adrenal cortex**
- C. Increase thyroid hormones synthesis
- D. Decrease adrenocorticotrophic hormones synthesis
- E. Decrease insulin synthesis

26. A 44 year old woman complains of general weakness, heart pain, significant increase of body weight. Objectively: moon face, hirsutism, AP is 165/110 mm Hg, height – 164 cm, weight – 103 kg; the fat is accumulated on the neck, thoracic girdle, belly. What is the main pathogenic mechanism of obesity?

- A. Increased mineralocorticoid production
- B. ***Increased production of glucocorticoids**
- C. Reduced production of thyroid hormones
- D. Increased insulin production
- E. Reduced glucagon production

27. Examination of 43 year old patient revealed a tumour of adenohypophysis. Objectively: the patient's weight is 117 kg, he has moon-like face, red-blue striae of skin distention on the belly. Osteoporosis, muscle dystrophy are present. AP is 210/140 mm Hg. What is the most probable diagnosis?

- A. Cushing's disease
- B. Conn's disease
- C. ***Cushing's syndrome**
- D. Diabetes mellitus
- E. Essential hypertension

28. Parents of a 10 y.o. boy consulted a doctor about extension of hair-covering, growth of beard, and moustache, low voice. Intensified secretion of which hormone must be assumed?

- A. Of oestrogen
- B. Of progesteron
- C. Of somatotropin
- D. Of cortisole
- E. ***Of testosterone**

29. A girl is diagnosed with androgenital syndrome (pseudohermaphroditism). This pathology was caused by hypersecretion of the following adrenal hormone:

- A. Cortisol
- B. Adrenalin
- C. Aldosterone
- D. Estrogen
- E. ***Androgen**

30. A 35 y.o. patient diagnosed with sterility came to gynaecological department for diagnostic biopsy of the endometrium. Microscopic examination revealed that mucous membrane is edematous, uterine glands are convoluted and filled with thick secret. Such changes of the endometrium are caused by excess of the following hormone:

- A. ACTH
- B. Testosterone
- C. Estrogen
- D. Somatotropin
- E. ***Progesterone**

31. The secretion of which hypophysial hormones will be inhibited after taking the oral contraceptive pills containing sex hormones?

- A. Somatotrophic hormone
- B. ***Gonadotropic hormones**
- C. Thyrotrophic hormone
- D. Vasopressin
- E. Oxytocin

32. Usage of oral contraceptives with sex hormones inhibits secretion of the hypophyseal hormones. Secretion of which of the indicated hormones is inhibited while using oral contraceptives with sex hormones?

- A. ***Follicle-stimulating**
- B. Vasopressin
- C. Thyrotrophic
- D. Somatotrophic
- E. Oxytocin

33. A 30-year old woman developed the signs of virilism (body hair growth, balding temples, disturbed menstrual cycle). What hormone can cause this condition when hyperproduced?

- A. Relaxin
- B. Oxytocin
- C. Prolactin
- D. Estradiol
- E. **Testosterone**

34. A female patient presents with endocrine dysfunction of follicular cells of the ovarian follicles resulting from inflammation. The synthesis of the following hormone will be inhibited:

- A. Lutropin
- B. Follistatin
- C. *** Estrogen**
- D. Progesterone
- E. Follicle stimulating hormone

35. Before the cells can utilize the glucose, it is first transported from the extracellular space through the plasmatic membrane inside them. This process is stimulated by the following hormone:

- A. Glucagon
- B. Thyroxine
- C. Adrenaline
- D. Aldosterone
- E. ***Insulin**

36. A nurse accidentally injected a nearly double dose of insulin to a patient with diabetes mellitus. patient lapsed into a hypoglycemic coma. What drug should be injected in order to help him out of co

- A. Insulin
- B. Noradrenaline
- C. Somatotropin
- D. *Glucose**
- E. Lidase