



Lecture 8. Humoral regulation: factors, mechanisms of hormone action on the target cells, regulation of hormonal secretion

Principles of hormonal regulation

- Hormones are substances which can change the status, function, metabolism and structure of body organs and tissues.
- True hormones are released into blood stream
- Act only on target cells
- Active in very low doses
- May stay active for months

HUMORAL REGULATION FACTORS

CLASSICAL HORMONES

Are secreted by specialized cells

Hormones of hypothalamus, hypophysis, adrenal glands, pancreas, thyroid and parathyroid glands, gonads

Are secreted by neuroendocrine cells and APUD-system cells

Liberins, statins and neuropeptides of hypothalamus, digestive tract hormones, components of rennin-angiotensine system

TISSUE HORMONES

Are secreted by different non-specialized cells

Hystamine, serotonin, bradikinins, prostaglandins, enkephalins, components of callicrein-kinin system

METABOLIC FACTORS

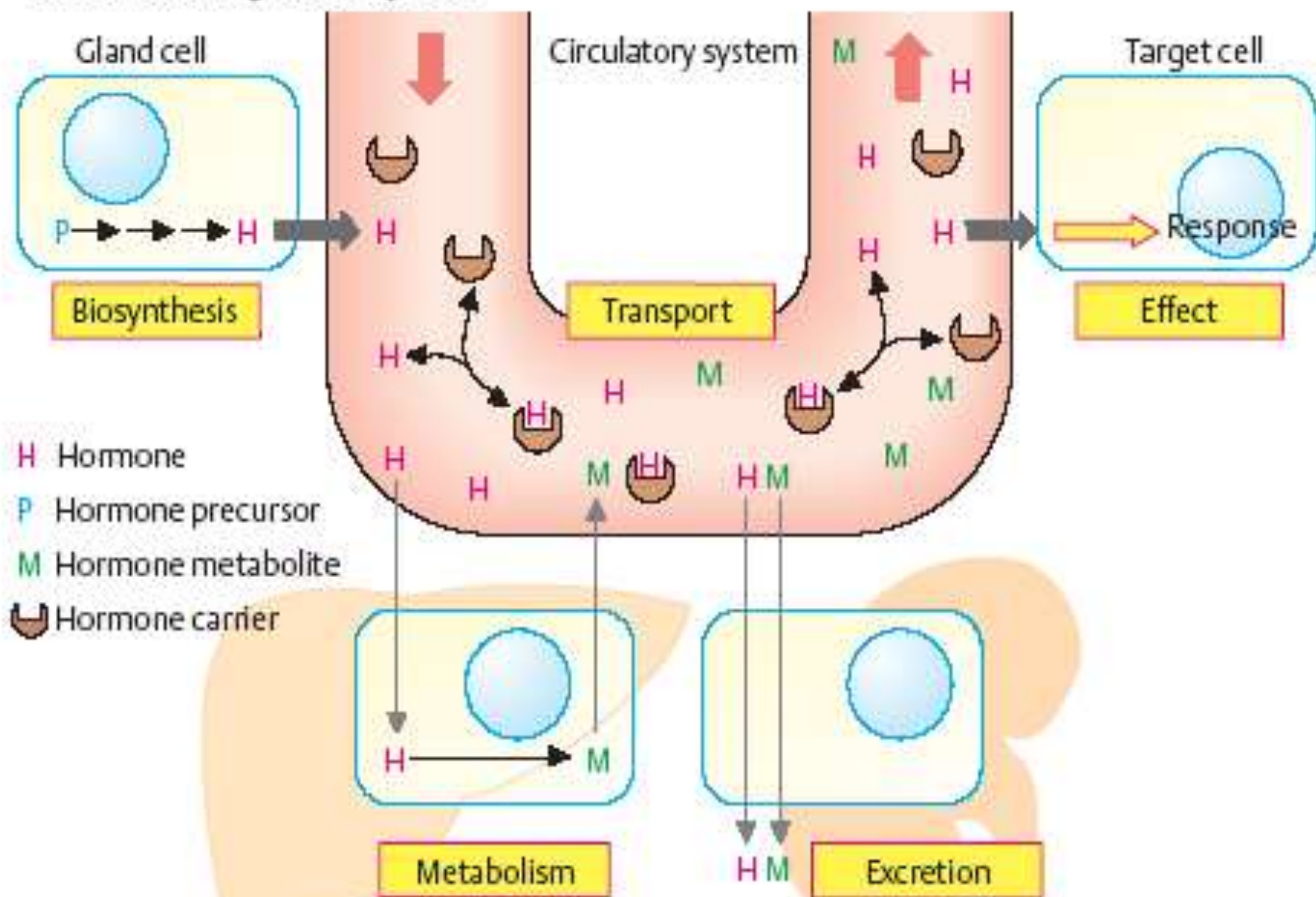
Metabolites (non-specific products of metabolism which are secreted in different cells)

Lactic acid, pyruvic acid, adenosin, carbon dioxide

Chemical changes at intensive metabolism

$\downarrow P_{O_2}$,
 K^+ , Ca^{2+} , Na^+

A. Hormonal regulation system



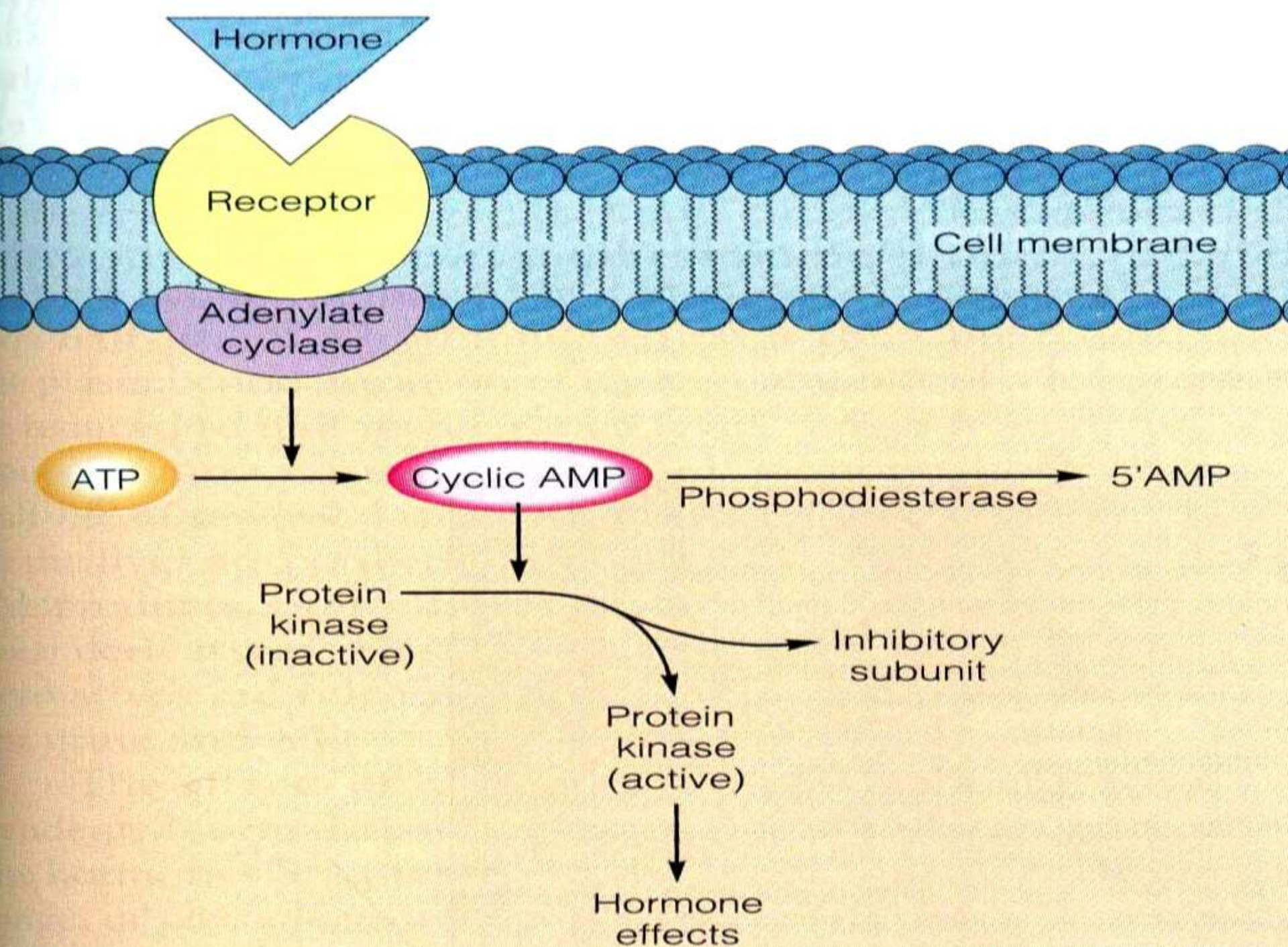
Types of hormone action

- Metabolic
- Morphogenic
- Kinetic
- Corrective

Hormones classification

- Biochemical classification:
 1. Steroids
 2. Amino-acid derivatives
 3. Protein-peptide compounds

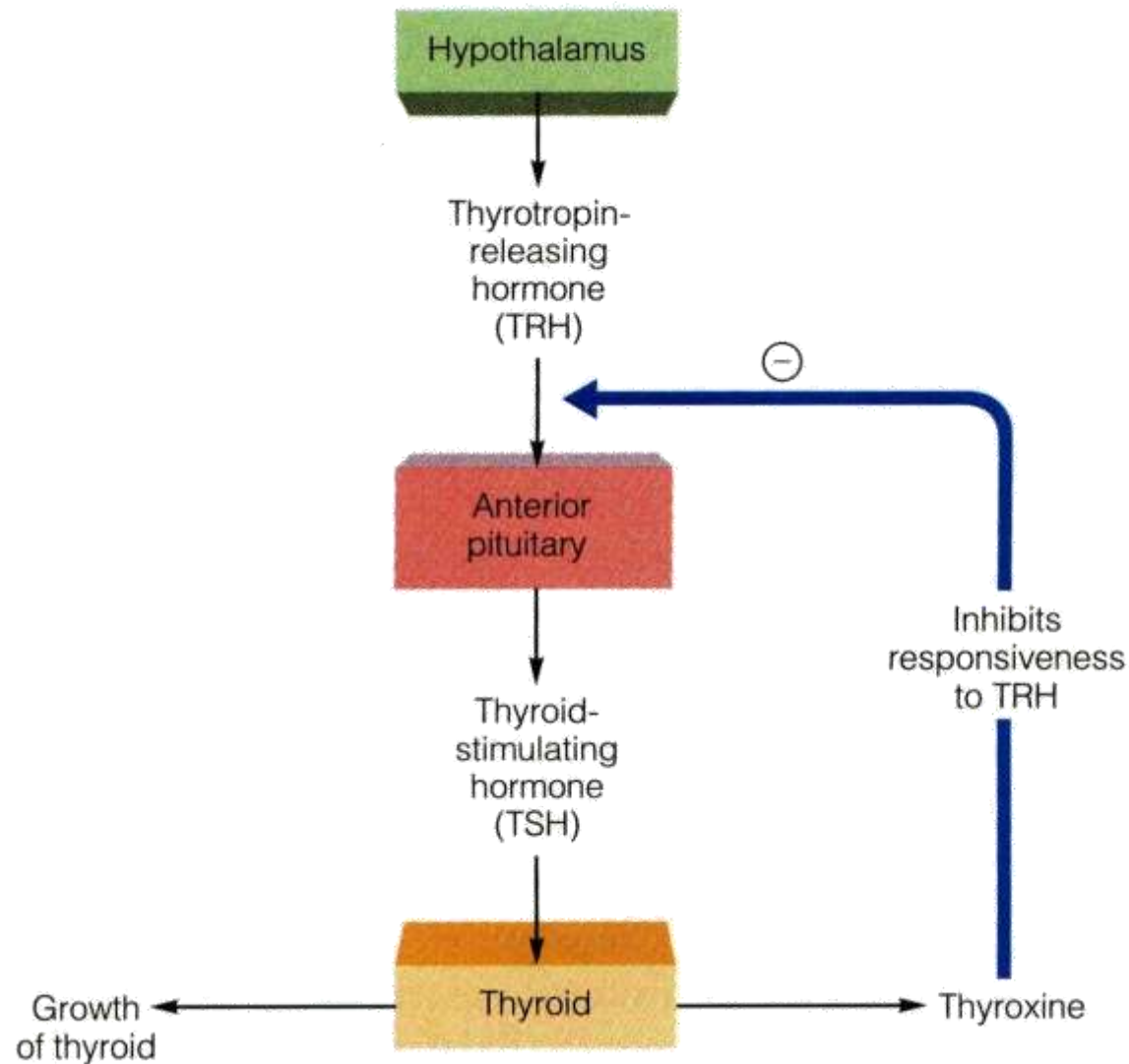
- Functional classification:
 1. Effectory
 2. Tropic
 3. Neuroregulatory (liberins & statins)

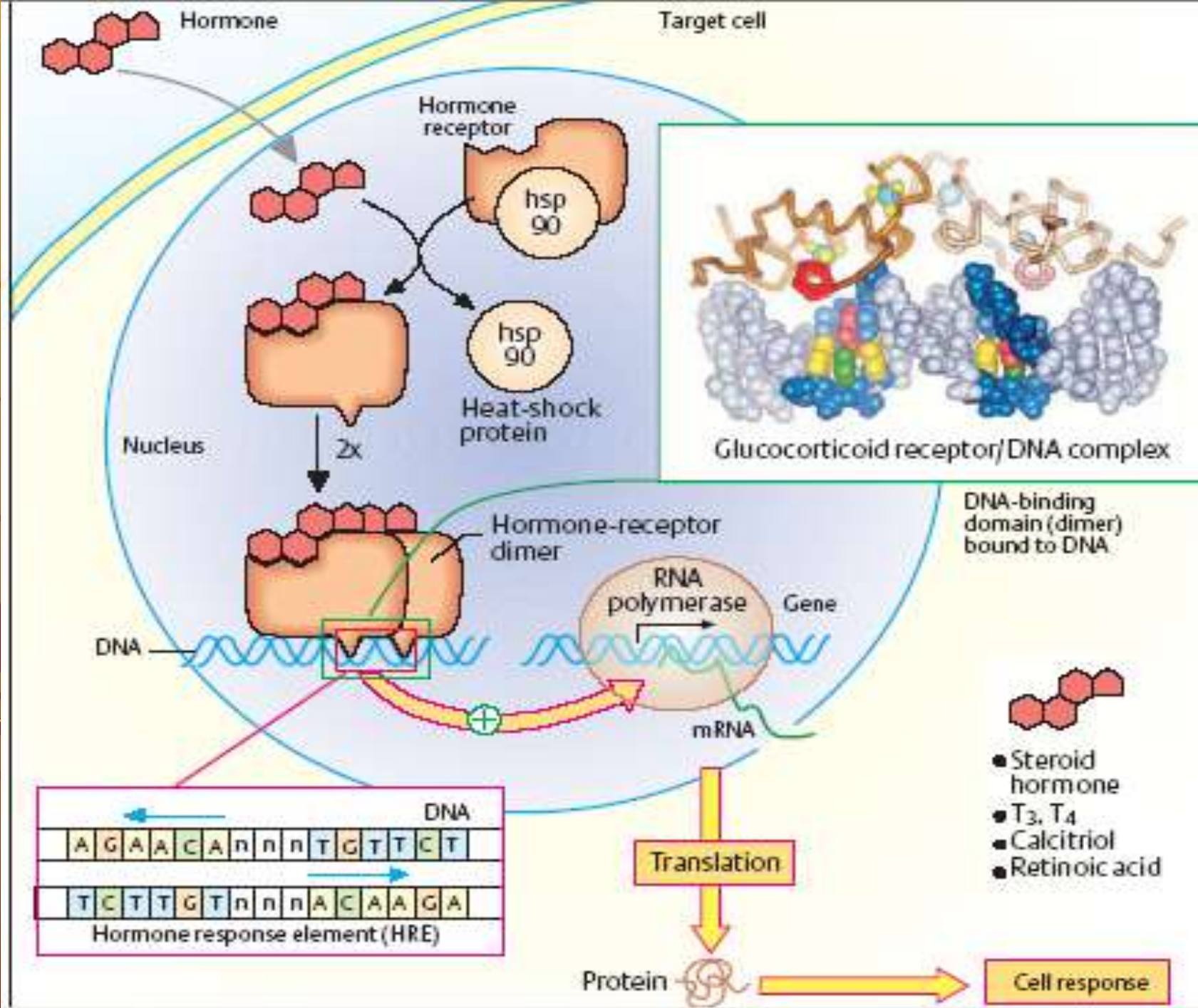


SEQUENCE OF EVENTS INVOLVING CYCLIC AMP AS A SECOND MESSENGER

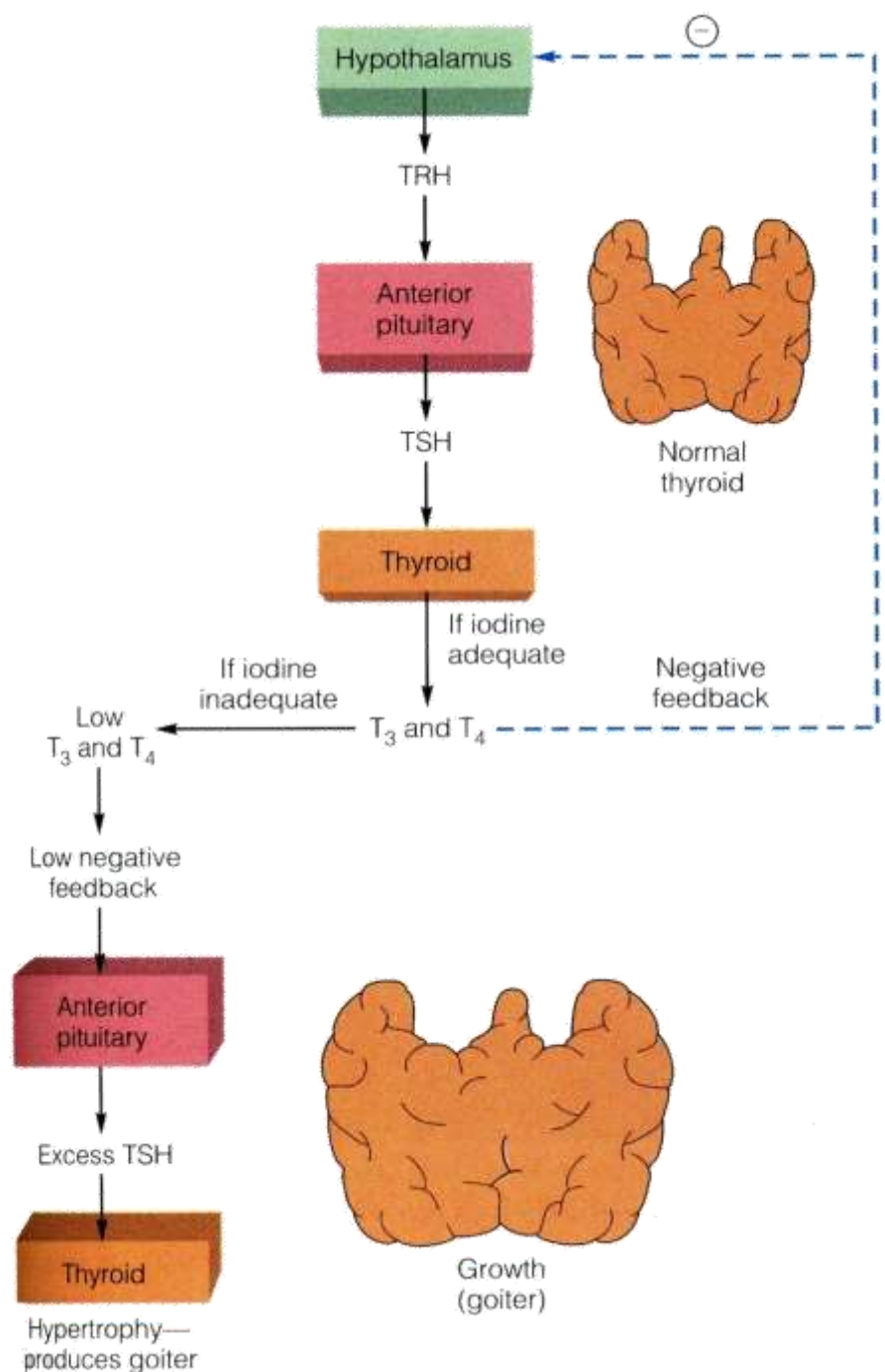
1. The hormones combine with their receptors on the outer surface of target cell membranes.
2. Activation of adenylate cyclase on the cytoplasmic side of the membranes.
3. Conversion of ATP to cyclic AMP (cAMP) within the cytoplasm.
4. cAMP activates protein kinase.
5. Protein kinase phosphorylates enzymes.
6. The activity of specific enzymes is either increased or inhibited by phosphorylation.
7. Changes in cell metabolism, permeability or functions.

Regulation of hormone secretion by the level of effector hormones in blood

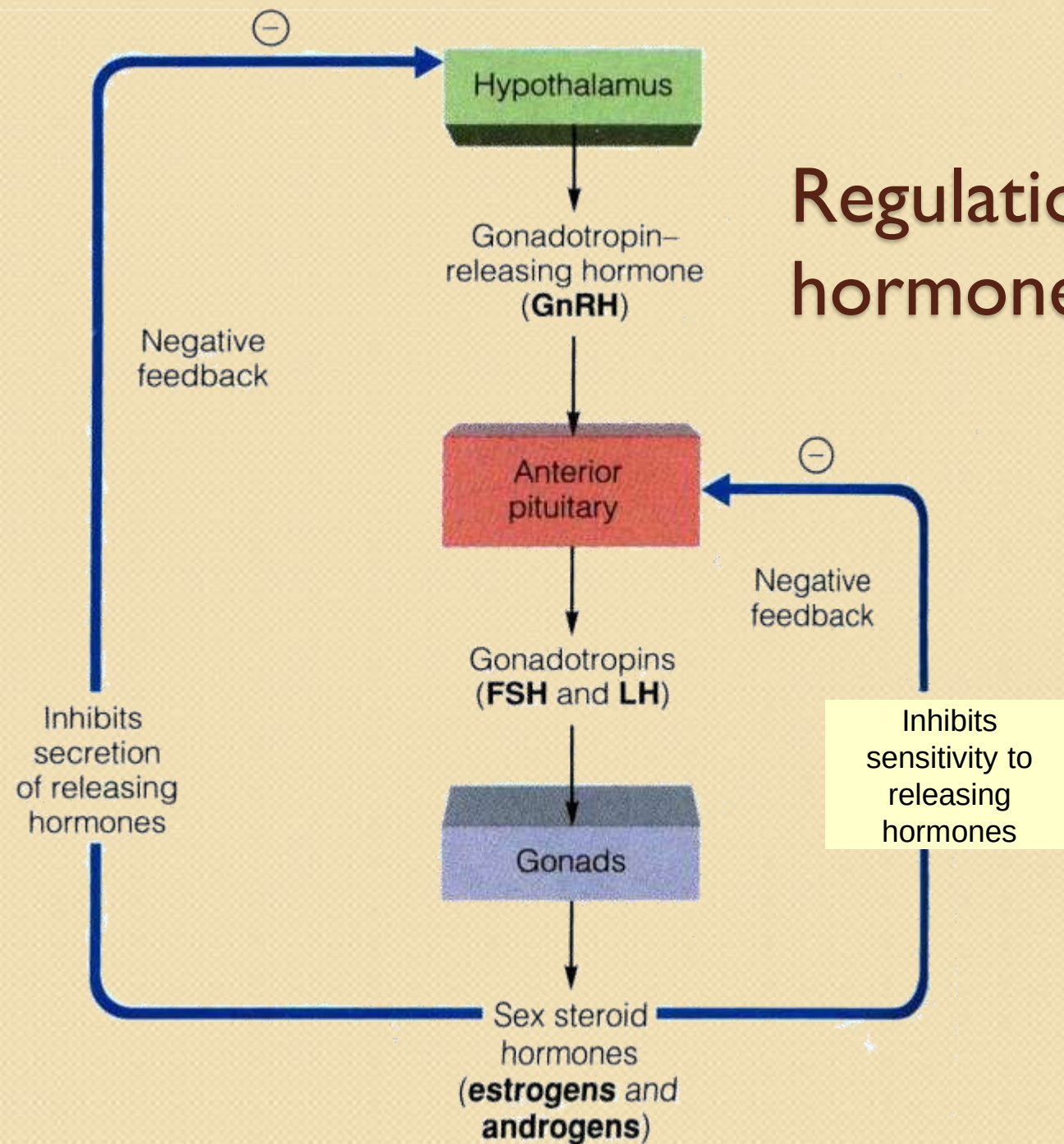




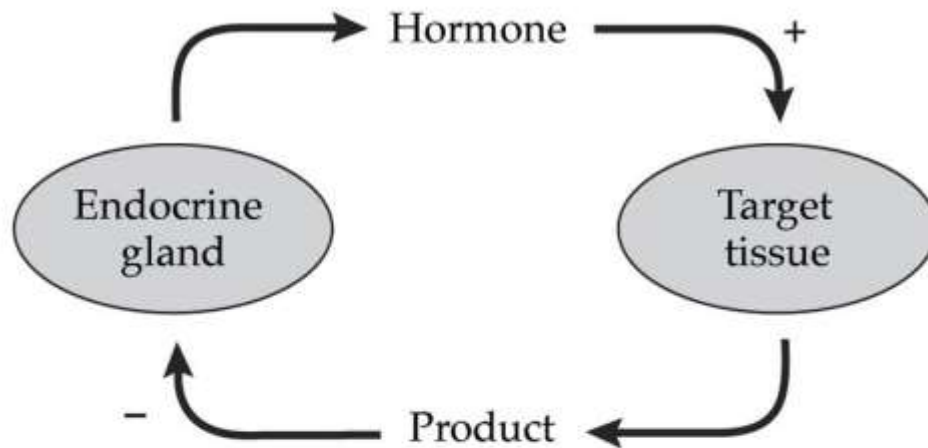
Regulation of thyroid hormones secretion



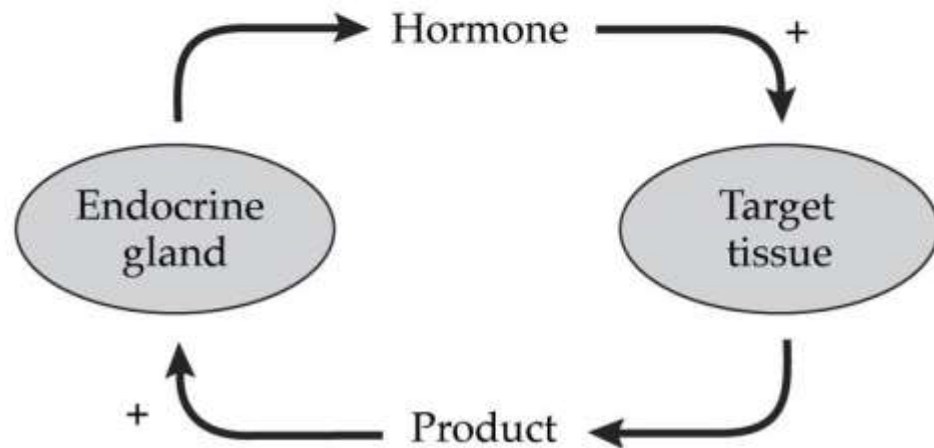
Regulation of sex hormones secretion



Negative feedback

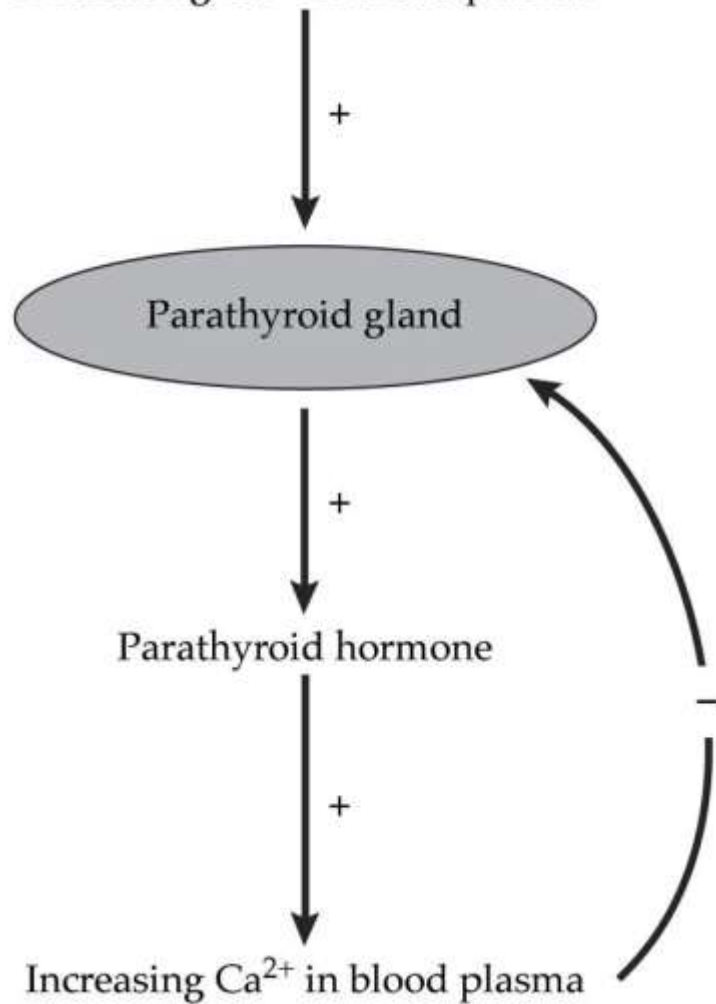


Positive feedback



(A) Simple negative feedback

Decreasing Ca^{2+} in blood plasma



(B) Complex negative feedback

